

**Wyoming County Community Hospital
Radiology Exam Prep Sheet**

Appointment Date: _____

Appointment Time: _____

~Please bring your PRESCRIPTION and INSURANCE CARD to your appointment.

~If not pre-registered, please register at Outpatient Registration on Ground floor.

~ Please call (585) 786-1256 for an appointment Monday – Friday 7am –5pm, After hours call (585) 786-8940 ext. 4450

~ For any exam other than ultrasound, women who think they may be pregnant should notify the Health Care Provider prior to the exam. **All test times are approximate.**

Nuclear Medicine *Please bring a list of ALL your medications*

Bone Scan- No Prep. This exam should be done prior to any barium studies; you are injected and wait 3 hours to be scanned. Length of scan is 1 hour. Length of entire exam is 4 hours.

Liver/Spleen- No Prep should be done prior to any barium studies. Length of scan is 30 minutes.

GI Bleed Scan- No Prep should be done prior to any barium studies. Length of scan is 2 to 4 hours.

Renal scan with Flow- No prep. Length of scan is 45 minutes.

Renal Scan with Lasix- No prep. Length of scan is 1 hour.

Renal Scan w/ Captopril- Do not take any ACE inhibitors for 48 hours prior to exam. Do not take Hypertensive medication starting the night before. Length of scan is 2 ½ hours.

MUGA Cardiac Scan- No prep. Length of scan is 1 hour.

Gastric Emptying- Nothing by mouth 6 hours prior to scan. Length of scan is 90 minutes.

Cardiac Stress Test: 2 Day Exam-

- Day 1: Prep given by Cardiac Rehab. Length of nuclear medicine scan is 20-25 minutes
- Day 2: Appointment is set up by nuclear technologist and prep is given at that time. Length of entire test is 2 hours.

Meckles Scan- Nothing by mouth 4 hours prior. This exam should be done prior to GI Bleeding Scan and Barium Studies. Length of scan is up to 2 hours.

Lung Scan Perfusion and/or Ventilation Scan (VQ Scan) - Must have a chest x-ray within 24 hours of this exam. Length of scan is 1 hour.

Hepatolite Scan (HIDA, GB Scan) - Nothing by mouth after midnight. Length of scan is anywhere between 2 to 4 hours.

Gallium- Preparation is based on diagnosis. This exam could be up to a 4 day test. The technologist will give you more information once you are scheduled.

Parathyroid Imaging- No prep, Receive injection, wait 15 min for 1st scan then wait 2 hours to have 2nd scan. Length of entire test is 3 hours.

Thyroid Uptake & Scan (I123) - Patient is given a capsule the morning of the test and returns 6 hours later for a 45 minutes scan and uptake. Then returns 24 hours later for a 10 minute uptake. The nuclear technologist will contact the patient before this exam to inform them of the preparation.

CT SCAN *Please bring a list of ALL your medications*

Sinus, Facial Bones, Spines, Renal Stone Protocol & Extremities-

No prep. Length of test is 30 minutes. When IV Contrast is ordered, a preparation is required.

***Head, Chest & Neck**- Eat nothing 3 hours before exam. Clear liquids permitted. NO solid food. Length of test is 1 hour

***Abdomen and/or Pelvis**- NO solid food 3 hours prior to exam. Clear liquids permitted. If you're Health Care Provider gives you READI-CAT to drink, slowly drink the 2 bottles over the 3 hours prior to your exam time. Do NOT drink all at once. Length of test is 1 hour.

Exams identified with the * sign may require an injection of contrast. If you are over the age of 65 or have one of the following: Renal Disease, Hypertension, Diabetes or Lupus, you need a BUN, Creatinine & GFR within one month of the exam. If you are taking Metformin, Do NOT take for 48 hours after the exam. Contact your Health Care Provider with any concerns.

PRE-AUTHORIZATION MAY BE REQUIRED, PLEASE CHECK WITH YOUR HEALTH INSURANCE PROVIDER.

Fluoroscopy *Please bring a list of ALL your medications*

- **Barium Swallow, Upper GI & Upper GI with Small Bowel**- Nothing to eat or drink after midnight. No oral Medications. Length of test is 1 hour. ~ Small bowel could take 3 hours or more. ~
- **Arthrogram & Myelogram**- No prep. Have someone to drive you. Length of test is 1 hour
- **IVP* and Barium Enema**- See * note above in CT box for IVP

Day before exam:

Noon: Clear liquid lunch

1:00pm drink one bottle of Citrate of Magnesia

2:00pm drink one 8 ounce glass of water every hour for the next 6 hours.

5:00pm Take 3 or 4 Dulcolax Tablets

Have a liquid supper with no milk products.

Morning of exam: Drink one 8 ounce glass of water. Perform enemas until clear. May use Fleets enema.

- Length of test is 1 hour