

Wyoming County Community Hospital
Radiology Exam Prep Sheet

Appointment Date: _____
Appointment Time: _____

~Please bring your PRESCRIPTION and INSURANCE CARD to your appointment.
~If not pre-registered, please register at Outpatient Registration on the Ground floor.
~ Call (585) 786-1256 for an appointment Monday – Friday 7am –5pm, After hours call (585) 786-8940 ext. 4450
~ For any exam other than ultrasound, Women who think they may be pregnant should notify your Health Care Provider prior to the exam. **All test times are approximate.**

Ultrasound

Thyroid, Scrotum & Breast– No Preparation. Length of test is 30 minutes.

Carotid Doppler and Venous Doppler - No Preparation. Length of test is 30 minutes.

Thyroid Fine Needle Aspiration, Breast Core Biopsy & Breast Aspiration – Nothing to eat or drink 4 hours prior to exam. Please arrive 1 hour early for lab work. No Aspirin, Ibuprofen, Advil, Motrin, Nuprin and blood thinners 7 days prior to test date. Please consult your Health Care Provider before doing stopping these medications. Length of test is 1 hour.

Please bring a list of ALL your medications

Abdomen, Aorta, and Gallbladder – Nothing to eat or drink 12 hours prior to exam. Length of test is 30 min.

OB, Pelvic & Bladder – Drink 32 ounces of non-carbonated liquid. Finish beverage 1 hour before exam. Do NOT urinate from time you start drinking. Length of test is 30 min.

Renal –

ADULT – Clear liquids 4 hours prior to test. Drink 16-24 ounces of non-carbonated liquid. Finish beverage 1 hour before exam. Do NOT urinate from time you start drinking. Length of test is 1 hour.

CHILDREN - Clear liquids 4 hours prior to test. Drink 12-16 ounces of non-carbonated liquid. Finish beverage 1 hour before exam. Do NOT urinate from time you start drinking. Length of test is 1 hour.

Mammogram

- Do not use antiperspirant, deodorant or talcum powder the day of your exam. Length of test is 30 min.
- If it has not been a full year since your last mammogram, and you are not having a problem, your insurance may not cover the exam cost. Check with your Health Insurance Company, before scheduling your mammogram.

DEXA

Please bring a list of ALL your medications

- Do NOT take osteoporosis medication or calcium supplements the day of the test. You may eat and drink.
- Length of test is 30 min.
- Wear elastic waist pants if possible.
- **The weight limit for the table is 300 lbs.**

MRI / MRA Please bring a list of ALL your medications

***If you have a history of welding or grinding you must arrive 30 min prior to your scan time so an x-ray of your eyes can be performed. ***
Due to scanning restrictions, if you have a Cardiac Pacemaker, Ferromagnetic Aneurysm Clip, Neurostimulator, Inner Ear Prosthesis, and Metal Foreign object in the eye or if you are claustrophobic, you need to talk to your Health Care Provider; this may not be the best test for you.

- **Weight limit for the scanner is 350 lbs.**
- For an MRCP(MRI Gallbladder)- nothing to eat or drink 4 hours prior to test.
- For all other exams, you may eat or drink before the exam. You may take any prescribed medications.
- Since the procedure involves the use of a strong magnet, you should leave behind such objects as watches, rings, other metal jewelry and credit cards. (Remove piercings at home.)
- Upon arrival for the exam, it will be necessary for you to complete a detailed history sheet prior to the MRI/MRA
- MRA Carotid, MRA Abdominal, MRI of the Brain, Abdomen, Cervical, Thoracic or Lumbar Spines, may require MRI Contrast. If MRI Contrast is required, and you are over the age of 65 or you have: Renal Disease, Hypertension, Diabetes or Lupus, you need blood work within one month of the exam. You need to arrive 1 hour early if blood work is required.
- Length of test is approximately 1 hour.

PRE-AUTHORIZATION MAY BE REQUIRED, PLEASE CHECK WITH YOUR HEALTH INSURANCE PROVIDER.