

**Wyoming County Community Health System
Radiology Exam Prep Sheet-opt**

Appointment Day _____
Appointment Time _____

~Please bring your script and insurance card to your appointment. ~Please register at Outpatient registration **prior** to coming to the radiology department. They are now located in the new Main Lobby on the ground floor. ~Please call (585)786-1251 Monday-Friday, 7am-5pm to schedule an appointment. After hours please call (585)786-8940 ext. 4450
~For any exam other than ultrasound, Women who think they may be pregnant should notify your health care provider prior to the exam. **ALL TEST TIMES ARE APPROXIMATE.**

ULTRASOUND

Table Weight Limit is 375 pounds

Abdomen, Aorta, & Gallbladder –Nothing by mouth after midnight the night before exam.
Breast Core Biopsy & Breast Aspiration, Thyroid Fine Needle Aspiration – Nothing to eat or drink 4 hours prior to exam. CBC, PT/PTT must be done prior to exam. No Aspirin, Ibuprofen, Advil, Motrin, Nuprin and blood thinners 7 days prior to test date. RN required to monitor patient during exam.

OB – Drink 32 ounces of non-carbonated liquid. Finish beverage 1 hour before exam. Patient should not urinate from the time they starting drinking.

Paracentesis – NPO 4 hours prior to exam. CBC, PT/PTT must be done prior to exam. No Aspirin, Ibuprofen, Advil, Motrin, Nuprin and blood thinners 7 days prior to test date. RN required to monitor patient during exam. **Pelvic & Bladder** – Drink 32 ounces of non-carbonated liquid. Finish beverage 1 hour before exam. Patient should not urinate from the time they starting drinking.

Renal — Clear liquids 4 hours prior to test. Adults Drink 16-24 ounces; Children 12-16 ounces of non-carbonated liquid. Finish beverage 1 hour before exam. Patient should not urinate from the time they starting drinking.

Scrotum Thyroid, Venous Doppler, Breast, and Carotid Doppler - No Prep
Ultrasound guided Thoracentesis done in Ultrasound - No prep. RN required to monitor patient during exam.

Chest –No Prep. No RN required.

Mammogram

- Do not use antiperspirant, deodorant or talcum powder the day of your exam.
- Length of test is 30 min.
- If it has not been a full year since your last mammogram, and you are not having a problem, your insurance may not cover the exam cost. Check with your Health Insurance Company, before scheduling your mammogram.

DEXA

Table weight limit is 350 pounds

Please bring a list of ALL your medications

- No osteoporosis medication or calcium supplements the day of the test.
- You may eat and drink prior to the test.
- Length of test is 30 min.
- Wear elastic waist pants.

MRI / MRA

Table weight limit is 350 pounds

***If the patient has ever had an eye injury as the result of welding or grinding, an X-ray of the orbits should be performed prior to the MRI. *** Due to scanning restrictions, if patient has a cardiac pacemaker, ferromagnetic aneurysm clip, neurostimulator, inner ear prosthesis or metal foreign object in the eye this test will not be performed.

- MRCP (MRI Gallbladder) – Nothing to eat or drink 4 hours prior to test. All other exams, patient may eat or drink before the exam.
- Patient may take any prescribed medications.
- Patient must complete a detailed history sheet prior to the MRI/MRA
- MRA Carotid, MRA Abdominal, MRI of the Brain, Abdomen, Cervical, Thoracic or Lumbar Spines, may require MRI Contrast. Pre contrast blood work must be within normal limits.