

**Wyoming County Community Health System  
Radiology Exam Prep Sheet-opt**

Appointment Day \_\_\_\_\_  
Appointment Time \_\_\_\_\_

~Please bring your script and insurance card to your appointment. ~Please register at Outpatient registration **prior** to coming to the radiology department. They are now located in the new Main Lobby on the ground floor. ~Please call (585)786-1251 Monday-Friday, 7am-5pm to schedule an appointment. After hours please call (585)786-8940 ext. 4450  
~For any exam other than ultrasound, Women who think they may be pregnant should notify your health care provider prior to the exam. **ALL TEST TIMES ARE APPROXIMATE.**

**Nuclear Medicine**

**Table weight limit is 400 pounds**

**Bone Scan**- No Prep. This exam should be done prior to any barium studies; patient is injected and waits 2- 3 hours to be scanned.

**Cardiac Stress Test**: This is a 1 or 2 Day test, depending on what Doctor will be doing the stress test.

Day 1: Prep is given by Cardiac Rehab Department.

Day 2: Appointment for day 2 is set up by nuclear technologist and prep is given at that time.

**Gastric Emptying**- Nothing to eat or drink 6 hours prior to scan. Should be done prior to any barium studies.

**GI Bleed Scan**- No Prep. Should be done prior to any barium studies.

**Hepatolite Scan (HIDA, GB Scan with Ejection Fraction)** – Nothing to eat or drink after midnight.

**Liver/Spleen**- No Prep. Should be done prior to any barium studies.

**Lung Scan Perfusion and/or Ventilation Scan (VQ Scan)** - Must have a chest x-ray within 24 hours of this exam. No Prep.

**Meckels Scan**- Nothing to eat or drink 4 hours prior. This exam should be done prior to GI Bleeding Scan and Barium Studies.

**MUGA Cardiac Scan**- No prep.

**Parathyroid Imaging**- No prep. You will receive an injection, wait 15 min for 1st scan then wait 2 hours to have 2nd scan.

**Renal scan with Flow**- No prep. This exam should be done prior to any barium studies;

**Renal Scan with Lasix**- No prep. This exam should be done prior to any barium studies.

**Renal Scan w/ Captopril**- ACE inhibitors should be withheld 48 hours prior to exam. Hypertensive medication should be withheld starting the night before. Patient monitoring is required for this examination. This exam should be done prior to any barium studies;

**Thyroid Uptake & Scan (I123)** - Patient is given a capsule the morning of the test and returns 6 hours later for a 45 minutes scan and uptake. Patient then returns 24 hours later for a 10 minute uptake. The nuclear technologist will contact the patient's floor before this exam to inform them of the preparation.

Select medications must be held prior to the test.

**CT SCAN**

**Table Weight Limit is 456 pounds**

**Abdomen and/or Pelvis with IV and Oral contrast**- Clear liquids encouraged. NO solid food 3 hours prior to the exam. If your Healthcare Provider gives your **Readi Cat** to drink, slowly drink the 2 bottles over the 3 hours prior to your exam. Do not drink it all at once. Unless you are on a fluid restriction, please drink 2 extra 8 ounce glasses of water the day before your exam and 1 glass the morning of the exam. Length of test is 1 hour.

***With contrast refers to IV contrast.*** Oral contrast given at the discretion of the ordering MD for Abdomen/Pelvis studies only.

**Chest with contrast, CTA for PE, Head with contrast, and Neck with contrast**- Clear liquids encouraged. NO solid food 3 hours prior to the exam. Length of test is 45 minutes. If patient is taking Metformin, hold medication for 48 hours after the IV Contrast is given.

**Head** without contrast, **Abdomen and /or Pelvis** without contrast, **Chest** without contrast, **Neck** without contrast, **Sinus, Facial Bones, Spines, Renal Stone Protocol & Extremities**- No prep. Length of test is 30 min.

**Fluoroscopy**

**Barium Swallow, Upper GI & Upper GI with Small Bowel Follow Through**– nothing to eat or drink after midnight. No oral Medications.

Length of test is 30 min, however \*\*\* Small Bowel Follow Through could take up to 3 to 4 hours\*\*\*

**Barium Enema and IVP\*** - IVP requires and injection of IV Contrast. Day before exam:

Noon: Clear liquid lunch

1:00pm drink one bottle of Citrate of Magnesia

2:00pm drink one 8 ounce glass of water every hour for the next 6 hrs.

5:00pm Take 3 or 4 Dulcolax Tablets

Have a liquid supper with no milk products.

Morning of exam: Drink one 8 ounce glass of water. Perform enemas until clear. May use Fleets enema. Length of test 1 hour.

**Gastrografin Enema.** Often done as an emergent exam with no prep.